



Caring about Family Carers

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Key priority for CLDS



‘To make contact with more family carers, and to make sure they feel supported’

Carers Support Strategy



- 365+ family carers known to CLDS



- Low numbers of recorded Carers conversations



- Carer conversation to include risks of 'burn out' (e.g. due to age, ill health)

Carers Support Strategy



- Move on planning
- Focus on wellbeing and being person centred
- Camden's Carers Action Plan
- Camden Borough Partnership Carers Board

Partnerships and Carer Networks



- Develop partnerships with Camden Carers Centre



- Create carer networks (drop-ins, reference groups)

Risks and caring



- How to measure 'burn out' and caring



- Supporting staff with difficult conversations about risks & the future

A questionnaire titled "Questions" with two speech bubbles containing question marks. Below the title is the question "1. What do you think about it?". There are three checkboxes: "Good", "Bad", and "Not sure". The "Not sure" checkbox is checked with a blue pen. A hand holding a black pen is shown filling out the form.

- Write a questionnaire to help with our conversations

Supporting Carers



- Identify hard-to-reach communities



- Short break service challenges



- Being clear on our offer of support

Future planning and emergencies



- Develop future planning 'tools'

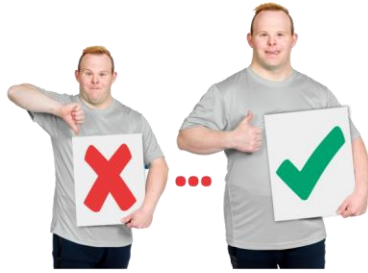


- Emergency planning



- Complete quality of life surveys before & after carer conversations

How we need to improve



- Improve our conversations and follow up



- Double carers conversations



- Checks on the quality of life of carers

'Risk of Burn Out' Tool



1) What do you think we should ask carers to check if they are at high risk of 'burn out'

2) What does a good quality of life mean for family carers?