

A woman with short grey hair, wearing a light-colored sweater, is seated in a wheelchair. She has a serious expression. A large orange speech bubble is overlaid on the left side of the image, containing white text. The background is dark.

“My partner checks everything I spend. I can’t use my money without his permission.”

We’re here and we can help.

If you are experiencing domestic abuse, or know someone who is, contact:

- Camden Safety Net on **020 7974 2526**
- National Domestic Abuse Helpline (run by Refuge) 24/7 on **0808 2000 247**



Call **999** in an emergency. If you are deaf or have a speech impediment, please text **999** or use the BSL **999** app

camden.gov.uk/domestic-abuse

KNOW
you're not alone

Refuge
For women and children.
Against domestic violence

 **Camden**

**“I’m scared that
next time, my
husband might
kill me.”**

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**“Everywhere I go,
my girlfriend turns
up. She always
seems to know
where I am.”**

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**“My cousin says
I bring shame to
the family, I’m
scared of what he
may do to me.”**

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“My husband told everyone he was my carer so nobody comes round anymore. He tells me I am a burden and withholds my medication when he is angry.”

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“I love my son but I am afraid of him, sometimes he gets so angry that he hits me. I want to support him to get help.”

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“My boyfriend forces me to do sexual things that I don’t want to do.”

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“If I speak to my family or friends, my wife gets very angry.”

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“My ex always tells me that he’s the only person who will ever love me.”

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