



23 October  
2024



This meeting was held at Greenwood

## Welcome and introductions

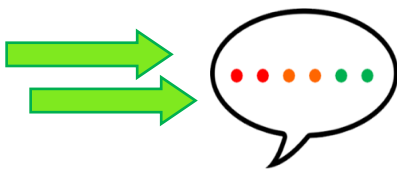


The co-chairs **Jon Horn** and **Stuart Dunn** welcomed everyone to the meeting



### Moving on marketplace

After this meeting there is the Moving On marketplace – there are stalls with information about the different places where people can be supported when family carers can no longer give the care



## Actions and updates from the last meeting

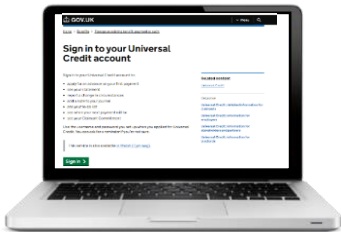


The update on actions presentation is on the [Planning Together website](#)



## Universal Credit

The action about Universal Credit was talked about – the main points are



- there are a lot of things to do online
  - you need to keep visiting your journal
  - your journal questions are not answered by allocated workers



- there is a lot of paperwork to take to the Job Centre



- staff don't always know about your health condition



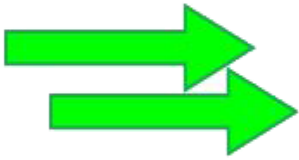
We are writing an easy read advice letter – it will include useful contact numbers



**2** new benefits advisors are starting – we haven't decided what will be offered but it may be drop in

Centre 404 are contacting the people they work with to offer support

### ★ Action



Universal Credit information will be sent to PT attendees when it's ready – it will include a guide on what to do before and after people get their migration letter



## CLDS updates from the last meeting



Andrew Reece has left CLDS after **8** years – there was a lot of respect for him, and we are sad he has left the team



For the next **6** months Catherine and Lynette are covering Andrew's job – they will also carry on doing their own jobs



We will be looking for a new Head of Service – the job has not been advertised yet



There is a Care Quality Commission (**CQC**) inspection starting on **18 November**



There is a lot of work for us to do before CQC visit  
- we have a plan and there is lots of support around



Different areas across the Council are being inspected – not just CLDS



We need someone to join a planning group with carers – we want to collect ideas and experiences so we can offer better planning ahead for the person being cared for



If you are interested in joining the planning group email Catherine at

[Catherine.schreiber@camden.gov.uk](mailto:Catherine.schreiber@camden.gov.uk)



CLDS Psychology are running a feelings group  
– for more information email them at

[LD.Psychology@camden.gov.uk](mailto:LD.Psychology@camden.gov.uk)



Or phone CLDS on

**020 79 74 37 37**

Ask to speak to someone from psychology



NHS England have been in touch with CLDS to talk  
about a big new project

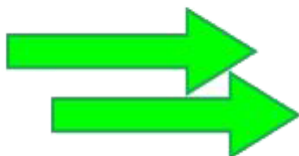


It will bring lots of people together to talk about  
health plans – it includes GPs, the ambulance  
service and hospitals – they also want people with  
LD to be a part of it



CLDS will be working together with ILDP on  
this project

### ★ Action



Lynette will email more information about the  
project with NHS England and keep us updated



## Community support

There is a presentation from Anjalene Whittier and Sal Bryant about the learning disability community support service on the [Planning together website](#)



Ideas about the how the new service should look – main points

- the chance to learn new things – help may be needed travelling to a new activity
- knowing where public toilets are would be helpful, including [Changing Places Toilets](#)
- there is lots to do but problems with the way we let people know about activities
- there is not much variety in activities – open days to help people try new things
- there is a choice of individual and group activities
- some services are not accessible
- better communication with support workers such as letting us know if they are running late





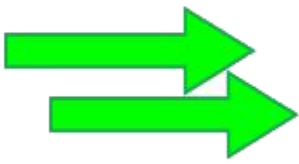


## Future planning



Camden Carers could not come to the meeting to share carer feedback

### ★ Action



Share the Camden Carers presentation after the meeting



The presentation from Camden Carers is on the [Planning together website](#)



Feedback from carers at the meeting – main points

- are we doing enough for young adult carers?



- could there be a supported living hub where parents can share their experiences?



- it can take years to find the right supported living and it can still fall through



- supported living is good if you get the right care package and it does what it says



- it's important to talk about having things in place for when the carer is no longer able to look after their loved one because of old age, illness or death



- without Camden Carers we wouldn't be able to link in with each other for support and friendship



There are online booklets to help family carers plan the future – they include advice on money, taking a break and what to do in an emergency



Click on the links to visit the websites with booklets you can download

[Together Matters](http://togethertomatters.org.uk)

[togethertomatters.org.uk](http://togethertomatters.org.uk)



[Foundation for People with Learning Disabilities](http://learningdisabilities.org.uk)

[learningdisabilities.org.uk](http://learningdisabilities.org.uk)





We are looking at having a Carers Planning Group



Carers can contact social workers and ask for a Carers Conversation to start a plan



Finding the right supported accommodation can take **3** to **4** years



They start talking about it when someone is **16** – not because the person is ready to move but because it takes a long time to arrange the right accommodation



There are some books about people dying and having support at

[Books beyond words](https://booksbeyondwords.co.uk)

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## Moving on

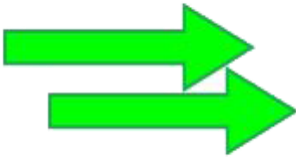


There is a presentation from Synergy on the [Planning together website](#)



One person said they did not get the help they needed – CLDS wanted to know more about this

### ★ Action



Synergy will share key messages with CLDS in good time – this way they can look into things and take action if people need support



## Small group discussions



The main points were

- keeping to a routine is important
- change should happen slowly
- visit accommodation before moving
- joined up working helps create support networks
- staffing
  - let staff know they are valued
  - encourage personal growth of staff
  - staff are not staying long
  - there is low staff morale
  - staff not turning up
- better signposting to support while waiting to move
- better communication – let people know what is happening





## Topics for future meetings



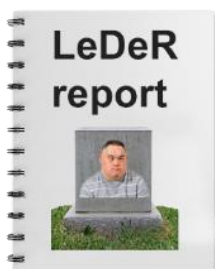
- annual health check focus group
- Camden Carers hospital discharge work



- conversations with carers
- family planning



- Rapid Access Service
- bereavement – the death of a loved one



- LeDeR report
- Universal Credit



- The Big Plan
- UCLH updates

## Any Other Business



### Booking blood tests

All blood tests are now booked online - Courtney from UCLH wants to know what people think about this system



It was noted that a lot of access to health services is now online – it was agreed we should talk about this at a future meeting



### Health bus

The health bus visited Greenwood on **8 November**

Appointments were not needed – just drop in for a flu jab, Covid jab or health advice



## Next Planning Together meeting



The next Planning Together meeting will be  
on **Wednesday 29 January 2025**



at **10am**



The meeting will be at **Greenwood**