



29 January
2025

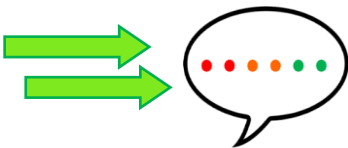


This meeting was held at Greenwood

Welcome and introductions



The co-chairs **Catherine** and **Sandy** welcomed everyone to the meeting



You said we did



There is a presentation on the [Planning Together website](#)



CLDS updates from the last meeting



The new Head of Service job has been advertised – they will manage **2** teams, the LD team and the mental health team



When the new Head of Service starts they will come to Planning Together to introduce themselves



The **Care Quality Commission** (CQC) came to inspect CLDS for a week at the end of last year – they looked at all services in Camden adult social care



They said they were impressed with our work – we will let you know how it went at the next Planning Together meeting



In February, CQC will be visiting the North London NHS Foundation Trust - this is who Lynette works for



They hope to do as well as Camden – if you are interested in speaking to CQC, let Lynette or Louise know and they can put the names forward



GP and hospital development team



There is a presentation from Josie Griffin and Katy Anderson from Camden Carers on the

[Planning together website](#)



Camden Carers offer a choice of services for carers, including groups and activities



They have a team of staff for LD, mental health, and young adult carers



They have a hospital discharge fund – it is a single payment people can apply for



It is only for **1** item or **1** service that can help with their caring role – something to make caring easier and to keep the person they care for at home

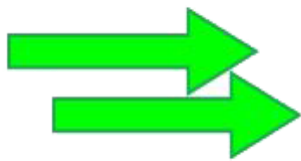


The money is for the carer themselves so they can carry on looking after the person at home – it is for unpaid carers, such as family carers

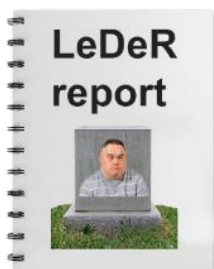


They have met with the hospital and virtual ward social workers, and are linked in the LD nurses – they want more people to know about the fund

★ Action



Share information about the hospital discharge fund with CLDS duty social workers and add it to the hardship offer



Learning from lives and deaths (LeDeR) report 2023



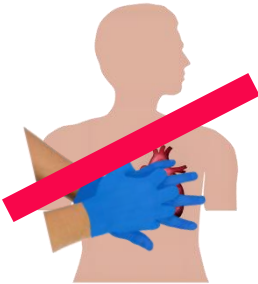
There is a presentation from Lynette on the [Planning together website](#)



It's important people have their annual health check and have a hospital passport



A big problem is when people have a **Do Not Resuscitate (DNR)** form



A **DNR** form says do not try to restart a person's heart if it stops - but often there has not been a **Mental Capacity Assessment (MCA)**



Often MCAs are not done before DNR forms are completed



Support staff have been asked to sign consent for the person to not have treatment



This is not what the MCA says - no one can do this because it's a best interest decision



There is not usually a good assessment with the right people not at the best interest meetings - the LD liaison nurses are working hard to get better MCAs



Our LD nurses and Eilis know when people with LD go into hospital - they keep talking to GPs, include the LD liaison nurses and they can pick up when things are not happening



It's an ongoing problem - support workers should report any problems



When paid carers go to people's homes they need to understand the person's needs - it's important to have the same carer for continuity



Some people with LD might not know when they are sick



Small group discussions



The questions asked were

- What information do you want from Camden?
- What should we do with the information we have listened to today?



Support workers and direct care staff may not fully understand things, especially about capacity



Things might be done but not understood – filling out the hospital passport, might be done just to tick a box and not used properly



People feel ignored and not taken seriously, even when they know what the problem is



Medics don't have enough LD training – more training would solve some of the problems



Hospitals need more LD nurses so they can give better support



Cooking fresh food



Staff need training on epilepsy, and people with LD need education to understand their own conditions



Healthfest had a stool stall where you could learn to check your poo to see if it's healthy or if there are changes



Annual health checks



There is a presentation from the Annual Health Check focus group on the

[Planning together website](#)



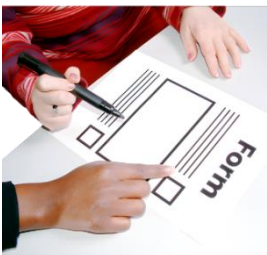
The group looked at what is good and what is not so good



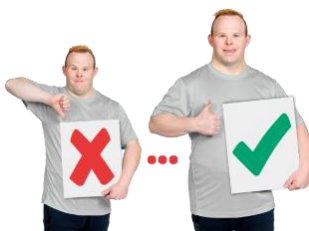
The annual health check can be done by a GP, nurse or nursing assistant



They can't tell the GP who must do it, but can suggest to the GP that it should be them doing it



Fill out the annual health check questions ahead of your appointment and give them to your GP – this helps the GP focus on what's most important to you



GPs should send these questions to people – some people have better outcomes when they say what is most important to them



Topics for future meetings



- family planning



- conversations with carers

- bereavement – the death of a loved one



- The Big Plan

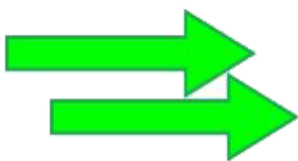
- LeDeR report



- access to activities

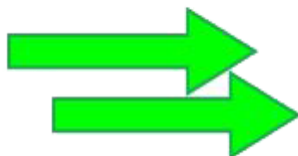
- freedom passes

★ Action



Louise to get more information from the team who issue freedom passes

★ Action



At the next meeting share feedback from the survey about where to find information about activities



Any Other Business

Beat the Heat project idea

There is a presentation from Dr Liam Embliss on the

Planning together website



Liam wants to speak to people and hear their ideas – he is meeting with Synergy in **2** weeks



Comments from today's PT meeting

- there is an app on the phone about drinking lots of water



- with climate change it's going to get hotter – more people died last year because of the hot weather



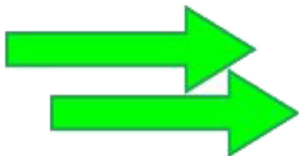
- Camden and central government need to plan – the problem is not going away



- Camden need to think what is the best way for providers and housing to be involved

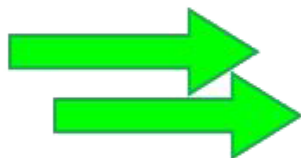


- Unity Works can help Liam link in with the people accessing training at their cafes, warehouse, garden centre



★ Action

Liam will send an email to everyone with more information



★ Action

Invite Liam to the Provider Forum



Exercise and movement



Eilis has a list of things going on in Camden – it's written for parents and carers



Synergy is making an easy read version - they want to give it to all support workers



The London Inclusion Sports Academy (LISA) are running lots of things in Camden – they can accept more referrals



If there is something you like that they are not doing you can email Tom from LISA at

tom@lisahub.org.uk



★ Action

Exercise and movement in Camden list to be sent with the PT notes



Next Planning Together meeting

The next Planning Together meeting will be



on **Wednesday 7 May 2025**



at **10am**



The meeting will be at **Greenwood**