



7 May
2025

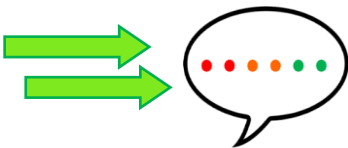


This meeting was held at Greenwood

Welcome and introductions



The co-chairs **Catherine** and **Jackie** welcomed everyone to the meeting



You said we did



There is a presentation on the [Planning Together website](#)



CLDS updates from the last meeting



The new Head of Service starts on **June 16**
- Molyn Kapuya will cover the LD and Mental Health services



Richard Lohan, the Accessible Information Officer, retires in July



Jane Saunders, the Accessible Information Specialist, has worked with Richard for **5** years and will continue to offer easy read support



Carers conversations



There is a presentation from Asli Ipek and Catherine Schreiber on the

Planning together website



CLDS use computer data to identify and understand more about carers

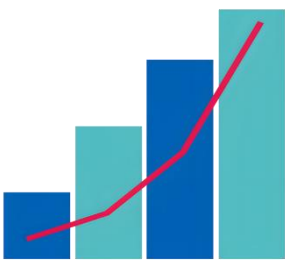


We can see who is already in contact with services and collect more information from reviews, such as

- the carers age
- who is supporting them
- the family situation
- if they have seen Camden Carers
- and date of their last carers conversation



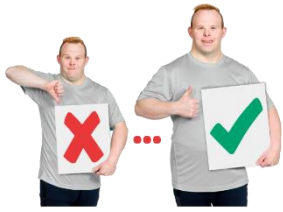
We have information on over **360** carers, but the information isn't perfect



Right now, not many carers are having conversations with us – we want to double the number and reach out to carers who might not be asking for help



We work closely with Camden Carers, and we do get referrals from GPs and health staff



We are improving how we identify carers, and the number of known carers is growing



Last year we did less than half of the carers conversations we could have done – this is not good enough



We are doing better this year with increasing the number of carers we are in contact with



We want to make every contact count – if we're already speaking to someone, we will think about if it's also a good time to check in with the carer



Staffing and resources are important – if these become a problem, we will talk to the Board



Moving Breakaway to its new site meant an increase in the number of beds – but there will never be enough beds



GPs often talk to carers about their own health
– during these conversations, their caring role might come up



When this happens, the GP can refer them to CLDS as an informal carer - Eilis visits each GP practice to help them understand they can make these referrals



Small group discussions



What questions should we ask carers, to check if they are at high risk of burnout?
– suggestions included



- do you struggle to get the help you need?



- have you ever missed your own health appointments?



- ask female carers about the menopause and if they have any support or symptoms



- do you do things that you enjoy or relax?



- offer respite for family carers so they can get help before a crisis



What does a good quality of life mean for family carers?

- suggestions included



- can the person ever step back from their caring role and have time for themselves



- does the person ever get to go for a coffee, fit in a hair appointment or go to an exercise class
- people have lost sight of a good quality of life



Barriers to attending social activities



There is a presentation from Synergy on the [Planning together website](#)



Some people face barriers like no support hours or and they can't use public transport



CLDS needs to check if the people they talked to have spoken to a social worker about it, or know how to raise concerns



People should also speak with a social worker if they have the hours but are not getting the support, or sessions are cancelled



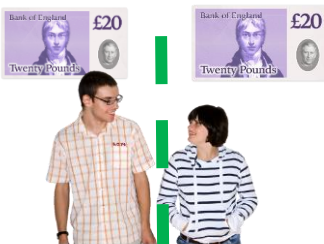
CLDS and commissioning teams check the quality of providers, but they need to know if things are not working



If someone doesn't have enough hours for things, like going to a disco, they can ask for a review – this could be a call to CLDS First Contact



For providers, it's about making better use of the hours already there – be creative, plan well and make sure staff are available when needed



Sharing costs can also help - in the new contract for LD Community Support shared hours were looked at, but it is difficult



If you do not have a named social worker, CLDS First Contact team can help - they can listen, give advice, and support, and do a mini review



You can call First Contact, our duty team, on

020 79 74 37 37



Monday to Friday, 9am to 5pm



LDN have a Community Engagement Team - they have a hub in Westminster which people from Camden can attend



Where people can find information about activities – survey update



Sal Bryant updated us on the survey completed at the last Planning Together meeting - there is a presentation from Sal on the

[Planning together website](#)



Feedback suggests we need to make it easier for people to find activities online



Fatima has an IT coffee morning to help people with LD get online - it runs every **Monday** from **9.30am to 11.30am**



Anyone can come along for help or information – they will need to bring their laptop, tablet or mobile phone with them



It would be very difficult to have **1** book with all the information in it – activities and dates change

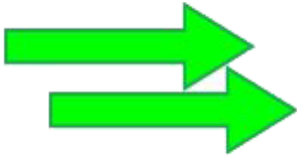


When we speak to Greenwood and community centres, we will talk about the best way to share things, so people have all the information they need, it is easy to understand and up to date



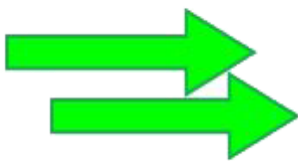
The leaflets in the library are in the children's area - we can talk to the libraries team and look at what needs changing

★Action



Sal will look at all the different newsletters and mailing lists there are

★Action



Sal will speak with the Greenwood Centre, libraries and community centres to make sure information is all in the same place

★Action



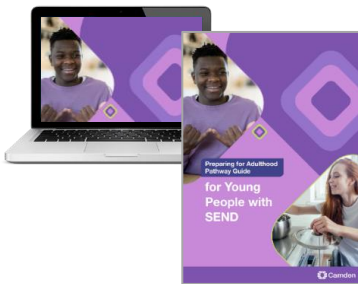
Take feedback about social hubs to the agenda planning group to discuss more



At age **25**, reviews change, and people come to the CLDS team



The CYPDS team have a booklet that covers everything about what happens before age **25** – it includes the local offer



The booklet is online and there are also printed copies



There is also a newsletter that comes out **4** times a year, covering children and disabled young people – they could include the offer for over **25's**

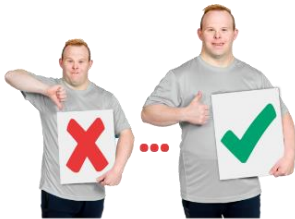


Libraries



There is a presentation from Fiona Tarn and Chris Keys on the

[Planning together website](#)

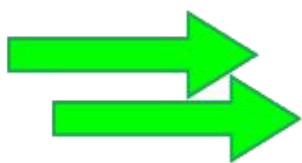


We talked about how we could work more closely with libraries

- they will think about how to improve library spaces for people with LD – things like good signs and information in easy read information
- there could be a libraries wiki
- the libraries team are planning videos to show people around the libraries
- Books Beyond Words could link in with the SLTs and psychologists in CLDS
- with the right funding there might be some ways there can be activities involving people with LD, to make more of a community feel
- it was exciting to hear what was happening in libraries - they are important spaces for all ages

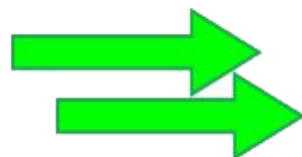


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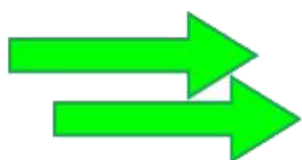
Louise to make sure library activities are added to the Living a Good Life directory

★Action



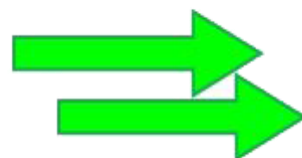
Jane to make a libraries wiki

★Action



Jane and the libraries team to make contact to advise about easy read signage

★Action



CLDS and libraries to talk about other ways to make libraries more accessible for people with LD - such as a walk around to offer suggestions, spaces for people with LD, activities and easy read information



When you join the library there is the option for you to say if you have a disability - but you can choose not to say



A lot of the libraries have a large print section – but this is not easy read



At Kentish Town library we could ask staff to be near the entrance more often – this may make it feel more welcoming



Libraries are quieter and less crowded in the mornings – but sometimes rhyme time sessions may be on



The busiest time is between **3pm** and **6pm**



Small group discussions



We talked about how to improve access to social activities – here are some of the suggestions

- better publicity
- there is no one place to look for information
- provide IT and internet access





- resources should be up to date
- there needs to be more travel training
- have a buddy system
- creative use of support hours
- think about the time activities take place
- send reminders
- lower cost or free activities
- someone to welcome people at activities



There is a LDN Community Engagement Team poster at Greenwood saying what is offered in May – if you scan the QR code with your phone's camera, it will take you to online information



Topics for future meetings



- the Agenda Planning Group think family planning and death and bereavement would be a good topic – they think it's best to have a sub-group prepare for these topics before bringing it to Planning Together



- Councillor Anna Wright would like to come back to update us on the feedback after her presentation last year



- Jane could do a short presentation on wikis, where to find them and a tour of public wikis



- resources – find out about all newsletters and who to contact



- job coach – job hub updates



- in September, Eilis to feedback on the **I like to move it move it group**

Any Other Business



PIP consultation

The government are planning to make changes to Personal Independence Payments (PIP) and have started an online consultation

Click on the link below to visit the website

[Government PIP consultation](https://www.gov.uk/government/consultations/pathways-to-work-reforming-benefits-and-support-to-get-britain-working-green-paper)



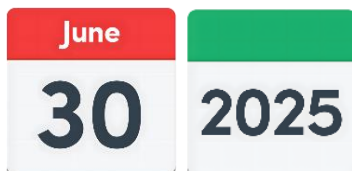
www.gov.uk/government/consultations/pathways-to-work-reforming-benefits-and-support-to-get-britain-working-green-paper



If you want it in easy read, click on the link below

[Government PIP consultation easy read](https://assets.publishing.service.gov.uk/media/67f399ba6852ad6032f5bf8a/pathways-to-work-easy-read.pdf)

assets.publishing.service.gov.uk/media/67f399ba6852ad6032f5bf8a/pathways-to-work-easy-read.pdf



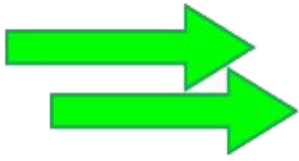
The closing date is **30 June 2025**



If you are worried or need extra help and support, speak to your support worker or your social worker by calling CLDS First Contact on

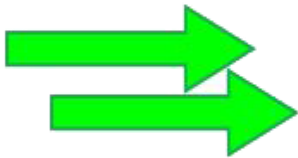
020 79 74 37 37

★Action



Louise to send the link to the consultation to everyone who came to the Planning Together meeting

★Action



Louise to speak with the Welfare Rights team for more information



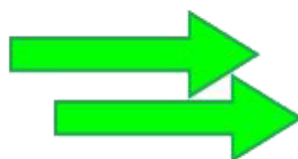
The Assembly - ITV

On this TV show, people with LD and autism ask whatever questions they like to certain celebrities - you can watch it on repeat



Jobs and skills event

There was a jobs fair at the British Library on **16 May** – the Disability Job Hub were there along with lots of employers, workshops on interviews, and CV writing sessions



★Action

Louise to share leaflet for the jobs and skills event



Annual Health Check feedback

9 out of **10** people, over the age of **18**, have had an Annual Health Check this year



For people over the age of **14** the number is also quite high



One carer said their son was upset when he came out of his health check because the member of staff could not understand him



If you have any individual worries, you can email Eilis at

eilis.woodlock@camden.gov.uk



Next Planning Together meeting

The next Planning Together meeting will be



on **Wednesday 16 July 2025**



at **10am**



The meeting will be at **Greenwood**