



24 July
2024

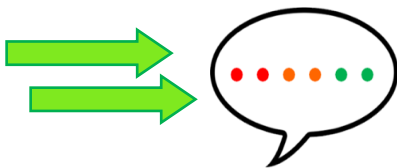


This meeting was held at Greenwood

Welcome and introductions



The co-chairs **Andrew** and **Jide** welcomed everyone to the meeting



Actions and updates from the last meeting



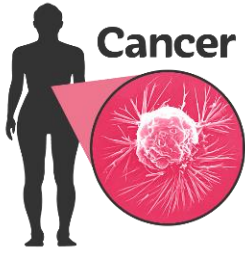
The update on actions presentation is on the [Planning Together website](#)



CLDS updates from the last meeting



Jasmin Oven is the new health facilitator focusing on cancer screening



Jasmin will work with services to support checks that can help stop people getting cancer – these are smear, breast and bowel cancer screening checks



Cara St. John is a new OT – she will be offering health support for provider services that are a part of the Council, including Breakaway and the LD day service



Elyse Luxon is an SLT – she will be doing a similar job to Cara supporting Breakaway and the LD day service



Renee Theberge is a new social worker in the team



Harbinder Ghir is a new lead practitioner



Mental health



There is a presentation from Leah Jesnick on the [Planning together website](#)



The main talking therapy service for people in Camden is iCope - if you see a GP and they think you need to see a psychologist or another therapist, they will contact iCope



There is a **long** waiting list for iCope



The waiting list for CLDS psychology is quite short as we only see people open to CLDS – we try to see people within **2** weeks



If we agree talking therapy is helpful your name will go on the waiting list – it's about a **1** to **2** month wait



There is **no waiting list** to see a psychiatrist, but they won't always see everyone – they will decide if it's the right thing for you



Psychology mainly works in a behavioural way with people with a profound and multiple LD - we look at a person's behaviour and try to understand things like



- what someone might usually do
- are they more quiet than usual
- or why are they not doing the things they enjoy



We work closely with staff and ask them to write things down – we then look for patterns and try to understand what they mean



We offer training around behavioural support for all the providers in Camden - and individual support to people where there are some concerns



The new therapy room at 5 Pancras Square is almost finished - the room will only be used for CLDS and the children's service to see people for talking therapy



There is mixed feedback about the iCope service
- we try and work with other services in Camden and Islington, so they are joined up for mental health



When people have seen a GP who says talking therapy would be good they usually contact CLDS
- we ask if people would rather see someone from CLDS psychology or go to the mainstream services



People have the right to choose – if someone chooses a mainstream service we support that service as much as we can



iCope find it hard to find enough staff – sometimes jobs vacancies are not filled



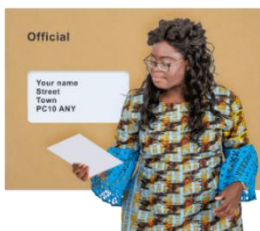
Universal credit



There is a presentation from Melanie Black on the [Planning together website](#)



We don't know exactly when people with LD will move to universal credit - earlier this year we were told it would be from September to December 2024



We will only know a few days or weeks before and when people start to receive migration letters



If it looks like people on ESA have not claimed, the Department of Work and Pensions will try get in touch **3** times



Residents stay on Housing Benefit if they are in **specified accommodation** - this is a very specific type of accommodation



For money to live on they will still need to claim for Universal Credit - Housing Benefit know what type of accommodation people are living in



Migration letters should go to appointees and not residents - if a letter shows up at supported living let the appointees know



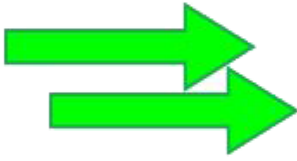
If there is a change of circumstances entitlement can and will change – it's handy to access the journal to try and work it out



Transitional Protection means you move to Universal Credit on the same amount of money you are getting now – this doesn't mean it won't go down over time



It's different when wages go up or down - there are different earning rules with Universal Credit



★ Action

Melanie to find and share earnings rules on Universal Credit



If people on ESA do not claim Universal Credit their money will stop in December or January



They will get a letter from the rent officer saying their rent money has stopped



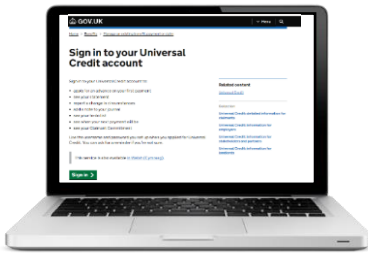
Some action must be taken – let Universal Credit know you need extra time



The DWP have promised to try **3** times to make contact - they will ask if you got a letter and if you need help



They say they will make home visits in special cases



The journal is a webpage the government uses instead of letters - you get a special code to use it



You put the code into the website so you can look at your benefit claim - it will tell you how much money you will get and how much they will pay your landlord



There is a chat section where you can write a message for your work coach - that is the person at the job centre



Don't worry that they are called job coach, if you are on ESA there will not be any more contact with the job centre



When you set up your claim they will ask you for a username and password - every time they want you to look at the journal they will send you a text



It's important to remember you can write down everything you need to say – you can repeat the message if you need to



If there is an appeal, you can show the panel what action you took – if there is a work capability assessment you won't need anything to do with the work coach



There are some bugs with the computer system – but it's also about getting used to new ways of doing things



We don't know how many people will be asking for help or how much space we will have to help



If it's about help with logging on and looking at the journal, Citizens Advice Bureau can provide support from the migration notice to first payment



Chris said there are a lot of things we don't know the answers to right now



We have talked about getting more people to help for a short period of time - we need to make sure there are the right amount of people to help



It is very confusing but there is help - the main thing is **don't ignore the letter**



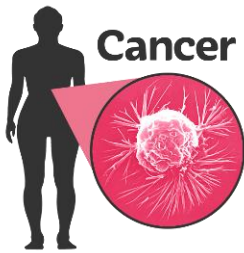
You can ask for help from the Citizens Advice Bureau – call them on

0800 028 3146



or call CLDS on

020 79 74 37 37



Cancer screening



There is a presentation from Vanessa Nzekwu, Keziah Hards and Kumbi Shire from the breast cancer screening service, on the

[Planning together website](#)



Some people may have problems collecting the poo – we try and speak with keyworkers and take time to show them how to do it



It is about watching how it is done, and showing carers and families



Some people wear pads and need support to change - it is ok to take the sample if the poo is on the pad



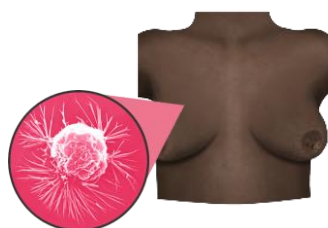
Although some people may find taking a sample embarrassing bowel cancer screening could save your life



A mammogram is an x-ray of the breast to see if there are any tiny cancers you can't see



One person talked about how they felt when they got a mammogram invitation letter – they were not keen on having it done



The mammogram showed they had breast cancer - they have had their treatment and want to make sure others go for the test when they get a letter



For more information visit the CLDS info website at [CLDS info](https://www.cldsinfo.net/)

<https://www.cldsinfo.net/>



You can watch a video about cancer awareness and screening at

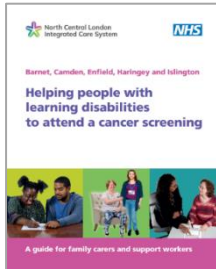
[Cancer awareness and screening video](https://www.youtube.com/watch?v=qTmFPiJKjzc)

www.youtube.com/watch?v=qTmFPiJKjzc



There are also easy read guides – click on the links

Family carer guide to supporting cancer screening for people with LD



www.cldsinfo.net/uploads/1/3/1/3/131374723/family_carer_guide_to_supporting_cancer_screening_for_people_with_ld.pdf



Bowel cancer screening

www.cldsinfo.net/uploads/1/3/1/3/131374723/nhs-bowel-screening_fit_easyread-leaflet-webacc.pdf



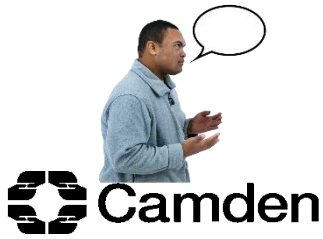
Breast cancer screening

www.cldsinfo.net/uploads/1/3/1/3/131374723/an_easy_guide_to_breast_screening_june23.pdf



Cervical cancer screening

www.cldsinfo.net/uploads/1/3/1/3/131374723/nhs_having_a_smear_test_easy_read.pdf



Feedback for the Council



You can see the presentation from Cllr Anna Wright and Chris Lehmann, Director of ASC on the [Planning together website](#)

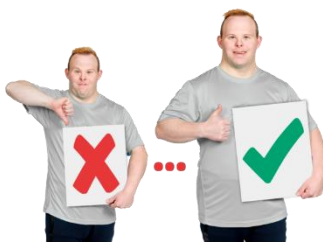


Synergy, Camden Carers and LD support providers gave feedback to the Council on the **3** questions

- what is working well in Camden?
- what is your main challenge?
- what one change would you make in Camden if you had a magic wand?



Anna said collecting the feedback was very useful and wants copies of all the information gathered



Anna has been listening to and working with Camden communities for a few years

- there has been some progress
- some things that weren't working well are getting better
- co-production is getting much better – Camden is really committed to this



The new Carers Action Plan was launched at a full Council meeting – it was a result of real co-production



This was developed with a wide group of carers, and carers are leading to make sure Camden deliver and do the things promised in the plan



Click on the link to see the Carers Action Plan

Carers Action Plan

<https://carersactionplan.camden.gov.uk/>



Camden have got a lot better at

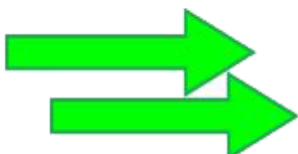
- offering different types of activities and services
- making reasonable adjustments
- and putting things into easy read



Anna wishes everyone can have a good social housing – this is not always possible, but Camden can do good things with smaller more achievable things

★ Action

Invite Anna and Chris back when they have thought some more about the feedback





Topics for the next meeting



- options for people when they are ready to move home



- family planning and coping with feelings after the death of a loved one



- day opportunities review



- recommissioning floating support



- PIP consultation

Any Other Business



CLDS online health library

The online health library has lots of information – we want all GPs to use it for easy read



There is information on the LD register, Annual Health Checks, how to live and eat well, and about different health conditions



You can visit the online health library at [CLDS online health library](https://www.cldsinfo.net/health.html)

<https://www.cldsinfo.net/health.html>



Healthfest

Healthfest was bigger and better than ever – everyone made a huge effort



CLDS carers support

Genevieve Somorin-Adebiyi works in CLDS focussing on the support provided for carers



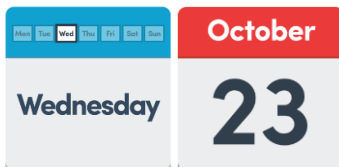
She wants to make sure we follow up on Carers Conversations – it's the chance to speak about the needs of carers and how to provide better support



They will also work with the Carers Centre with any follow up and share information



Next Planning Together meeting



The next Planning Together meeting will be

on **Wednesday 23 October 2024**



at **10am**



The meeting will be at Greenwood