



Short Breaks

Presented by Jonathon Horn

Benefits of current offer



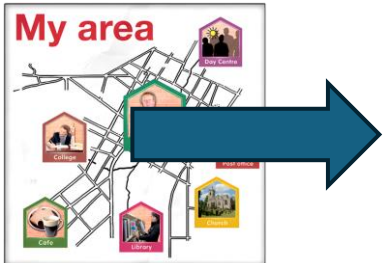
Breakaway is in Camden and supports people they know well on a regular basis



Breakaway works closely with the CLDS to help people in crisis and finding emergency solutions. This is usually when someone can't stay in their family home.



We have support at home as an option, which gives people choice and flexibility



We are using more respite beds outside of Camden

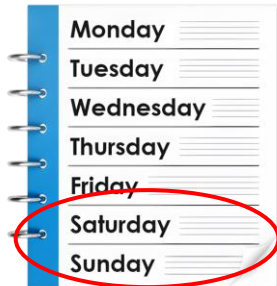
Challenges of current offer



Breakaway has only 8 spaces and when they support people with emergency placement this means less people can be offered planned 'respite'

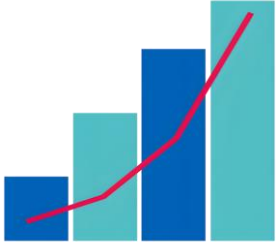


If there are a number of people staying at Breakaway with very different needs, it can be a challenge to support peoples' complex health needs



There are not enough options for busy times - holiday periods and weekends. This is when people usually want breaks

Challenges of current offer



The numbers of people we support is growing but our ability to offer short breaks has not increased as a result



We have more older carers, and carers reporting burn out, which will mean more people will need short breaks



Shared Lives cannot agree short breaks in an emergency, only through a planned introduction process



There isn't enough accommodation in Camden for people to move on quickly from Breakaway, when they stay in an emergency. We are working on this, but it takes time.

Discussion



What does a good short breaks offer look like?