



What helps us at Planning Together and getting it done groups

Send us the papers at least **2** weeks before the meeting



The co-chairs need to have a meeting together to prepare

Scree	ning
	Women aged $50\ \text{to}\ 71$ are invited every $3\ \text{years}$ - the first invite will arrive before they are 53
	Women over 71 can self-refer by calling the Hub
-	Breast screening involves a mammogram (a type of x-ray) It helps to find breast cancers sooner
1 A	Most women have a normal result

Ask speakers to bring presentations with

- pictures
- big print
- and easy words



Use the red card if you want to speak



Speak slowly and don't use jargon



We might need more time or extra support to say what we think

We need a break every hour



Sitting at small tables helps us to get to know each other



Talking in small groups helps us to understand and have our say



It is good to have votes to make decisions





Be clear about the actions and who is doing them

Thank you for listening